

Lizzie Monroe

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Education

July 2018-June 2021 University of TN Health Sciences Center (UTHSC) Family Medicine Residency, Murfreesboro, TN

- Chief resident
- Co-chair of resident recruitment

July 2014-May 2018 Quillen College of Medicine (QCOM), Johnson City, TN

- M.D., Doctor of Medicine

August 2010-May 2014 Tennessee Technological University (TTU), Cookeville, TN

- B.S. in Biochemistry, *Magna Cum Laude*

Work Experience

February 2023-present Lipscomb University, School of Physician Assistant Studies

- Assistant professor and full-time principal faculty in the didactic phase of the PA program

March 2022-January 2023 Alvin C. York Veterans' Administration Medical Center

- Full-time primary care physician at the Women's Health Clinic

September 2021-January 2022 Renuven Health Partners

- Part-time physician staffing NHC skilled nursing facilities and providing primary care to assisted living residents

May 2020-May 2021 UTHSC Family Medicine Residency

Chief resident

- Recruitment and representation at national events
- Liaison between administration, faculty, and residents
- Medical student and junior resident education
- Created resident call schedules

Summer 2015 Quillen College of Medicine

Health Science Research Fellow

- Assisted Dr. Hoover, P.I., with experimental design
- Administered injections and monitored mice during animal experiments
- Performed dissections on mice and assisted in tissue extraction for histological examination
- First author on a paper discussing project findings

2011-2014 Satellite Med Urgent Care & Family Practice

Scribe

- Documented physician-patient encounters
- Inputted orders and prescriptions

- Answered patient questions and facilitated physician-patient communication

Teaching Experience

2023 Lipscomb University, School of Physician Assistant Studies

- Assistant professor and full-time principal faculty in the didactic phase of the PA program

2022 Meharry Medical College Internal Medicine Residency

- Precepting internal medicine residents during their women's health clinical rotation

2018-2021 Family Medicine Program Chief Resident

- Responsible for medical student and junior resident education in both the resident clinic and family medicine hospital service

2017 QCOM Medical Immunology Grand Rounds

Group Facilitator

- Served as a facilitator for groups of second year medical students in which we discussed the pathophysiology and presentation of primary immune deficiencies

2017 QCOM Integrated Grand Rounds

Group Facilitation and Mentor

- Facilitated small group case presentations with first and second year medical students, which focused on pathophysiology and disease processes, as well as appropriate patient-physician communication

2016 QCOM Neuroscience Course Review

Committee Member

- Served on a joint committee with third-year medical students and neuroscience faculty that reviewed and edited the neuroscience curriculum

2010-2014

Teacher's Assistant

- Served as a T.A. for general chemistry and anatomy and physiology labs at Tennessee Tech University

Licensures and Certification

- State of TN Medical License
- State of TX Medical License
- Board Certified in Family Medicine
- Basic Life Support (BLS)

Honors and Awards

2022 Department of Veterans Affairs I CARE Award

- Award presented to employees in primary care who advocate for the best interest of veterans and their families

2018 Glasgow-Rubin Citation for Academic Achievement

- Award presented by the American Medical Women's Association to women who graduate in the top 10% of their medical school class

2017 Alpha Omega Alpha Honor Society
● Inducted into AΩA as a junior member in medical school

2017 Gold Humanism Honor Society
● Inducted into GHHS as a junior member in medical school

2017-2018 Dr. Charles Ed Allen Medical Education Scholarship, QCOM
● Scholarship awarded by the Tennessee Medical Education Fund to student Tennessee Medical Association members who demonstrate financial need

2017-2018 Charles and Edith Walsh-Fudge Scholarship, QCOM
● Scholarship awarded to a senior medical student who is in good academic standing, demonstrated financial need, is a Tennessee resident, and who has excellent moral character

2017-2018 Ernest A. Daigneault Scholarship, QCOM
● Scholarship awarded to the medical student with highest performance in medical pharmacology

2016, 2017 Phi Kappa Phi Honor Society
● Honor society membership extended to top 10% of graduate students at ETSU

2016 First Place Poster Presentation, Appalachian Student Research Forum
● Presentation: Zymosan-induced SIRS results in severe hypothermia and mild depression of cardiac dromotropic function in mice

Presentations and Research Experience

March 2021 Dudley Glass, M.D., Faculty Mentor
UTHSC Family Medicine Residency
● Lecture: Cerebral Palsy

May 2020 Dudley Glass, M.D., Faculty Mentor
UTHSC Family Medicine Residency
● Lecture: Parkinson Disease

November 2019 Dudley Glass, M.D., Faculty Mentor
UTHSC Family Medicine Residency
● Lecture: Pelvic inflammatory disease: diagnosis, management, and prevention

July 2019 Pamela Singer, D.O., Faculty Mentor
UTHSC Family Medicine Residency
● Journal Club Presentation: Net clinical benefit of hospitalization versus outpatient management of patients with acute pulmonary embolism: a retrospective cohort propensity score analysis

2014-2016 Donald Hoover, Ph.D., Faculty Mentor
Department of Biomedical Sciences, QCOM
● Project: Zymosan-induced SIRS results in severe hypothermia and mild depression of cardiac dromotropic function in mice
● Oral Presentation: Medical Student Health Sciences Research Symposium, QCOM, October 2015
● Poster Presentation: American Medical Student Association's 21st Annual Project, Research, and

Experience Exhibition, Washington, D.C., April 2016

- Poster Presentation: Appalachian Student Research Forum, East Tennessee State University, Johnson City, TN, April 2016

Publications

Monroe L., Evans T., Thacker T., Streicher-Green V. 2021. In patients with hyperlipidemia and cardiovascular disease, does the addition of a PCSK9 inhibitor decrease the incidence of subsequent cardiovascular events? *Evidence-Based Practice*, doi: 10.1097/EBP.0000000000001239.

Monroe L.L., Armstrong M.G., Zhang X., Hall J.V., Ozment T.R., Li C., Williams D.L., Hoover D.B. 2016. Zymosan-Induced Peritonitis: Effects on Cardiac Function, Temperature Regulation, Translocation of Bacteria, and Role of Dectin-1. *Shock*, 46(6): 723-730.

Professional Memberships and Leadership

Spring 2017-present American Academy of Family Physicians

- Attended 2017, 2018, and 2019 AAFP National Conference in Kansas City, MO

Volunteer Activities

December 2020 Lebanon First United Methodist Church Food Giveaway

- Volunteered with community food drive in Lebanon, TN

July 2019-June 2021 Saint Thomas Mobile Health Unit

- Traveled to Grundy County, TN multiple times on the mobile health bus to provide medical care to the underserved

July 2019 Medical Mission at Home, Saint Thomas Health

- Traveled to Warren County with other FM and EM residents to provide medical care to the underserved in Warren County, TN

April 2019 Medical Mission at Home, Saint Thomas Health

- Traveled to Central Magnet High School to provide free medical care to the underserved in Murfreesboro, TN

Interests

Gardening, walking on local greenways, and spending time with my husband and son