

Greetings from Lipscomb University Health Services!

We look forward to having you join the Lipscomb community this fall! Lipscomb University Health Services is here to serve you, and we are committed to empowering and educating students to achieve wellness of body, mind and spirit by providing self-care advice and medical services in a nurturing environment.

As we prepare for the start of a new academic year, we do so in the midst of an unprecedented time in our world. Our goal is to create a healthy environment for you this fall. To do that effectively and to protect the health and wellness of everyone in the Lipscomb community, we ask that you partner with us. You will receive more information in the near future regarding various personal hygiene and wellness practices and protocols that we will be following on campus and in the residence halls.

The first way you can partner with us to protect yourself and those around you is by making sure you complete the required immunizations. **Complete your immunizations by July 1 for optimal health protection BEFORE arrival on campus this fall. Documentation of required immunizations is mandatory PRIOR to your arrival to campus.** You can review the required immunizations for the general Lipscomb student population at www.lipscomb.edu/student-life/health-wellness/health-center. Please note that some programs may have additional requirements, especially within the health sciences programs.

Once you have received the required vaccinations, submitting your health records to Lipscomb University Health Services is easy through our online system Med+Proctor! Simply:

- Visit <https://secure.medproctor.com>.
- Click "register" and create an account in Med+Proctor using your Lipscomb student email.
- Complete your Med+Proctor profile.
- Upload an image of your individualized completed Immunization Certificate that you receive from your medical provider.

Locations where you can generally receive the required immunizations include your personal physician's office or a local health department. **If you have not provided immunization documentation, once you arrive on campus you will be required to go to Lipscomb University Health Services where you may receive the required vaccinations for a fee.** Students who do not submit evidence of the required immunizations will receive a medical hold on their student account which may limit their ability to register for or attend classes. The medical hold will be removed once evidence of the required vaccinations has been submitted to Health Services.

In the enclosed document you will find important information regarding immunization records as well as answers to several frequently asked questions.

Please visit our website — www.lipscomb.edu/student-life/health-wellness/health-center — often for more information about the services we provide and about making an appointment to visit the clinic. You may also reach us at healthservices@lipscomb.edu or 615-966-6304.



LIPSCOMB UNIVERSITY HEALTH CLINIC Frequently Asked Questions

1. Which vaccines are required?

- a. **MMR (Measles, Mumps, Rubella)** vaccination. Required for all students born after 1956.
 - You must submit copies of documentation of two MMR immunizations given 4 weeks apart or 2 doses of each vaccine: measles, mumps, and rubella.
 - If you think you have had the immunizations but do not have proof, then you need to have a blood test (a titer*) to see if you are immune for all three diseases. A copy of your titers is acceptable, but if you do not have acceptable levels of antibodies then you must get the MMR vaccination.
- b. **Varicella**. All new students born after 1979 must show proof of varicella (chickenpox) immunity through one of three ways:
 - Proof of two (2) varicella vaccines given four (4) weeks apart.
 - A positive titer* to varicella zoster.
 - Documentation of varicella infection from a healthcare provider.
- c. **Meningitis (MCV4)**.
 - You must show proof of at least one meningitis vaccine (MCV4) at the age of 16 or older. If you are living on campus, this is required before you can move into a residence hall. Please note that there are 2 meningitis vaccinations: MCV4 (A,C,W,Y) and MenB. The State of Tennessee requires MCV4. Receiving the MenB vaccination is highly recommended as reported that 69% of meningitis cases in college age population have been caused by the B type in recent years. Please protect yourselves fully by obtaining both MCV4 and MenB. For more information please go to the following websites:
 - Bexsero (MenB) Information Page by GSK:
<https://www.gsksource.com/pharma/content/gsk/source/us/en/brands/bexsero/pi/home.html>
 - Centers for Disease Control and Prevention:
http://www.immunize.org/askexperts/experts_meningococcal_b.asp
 - Trumenba (MenB) Information Page by Pfizer*: <https://www.trumenba.com/>

2. Where can I find my shot record if I don't know where it is? There are several places you can look:

- Ask parents or other caregivers if they have records of your childhood immunizations.
- Try looking through baby books or other saved documents from your childhood.
- Check with your high school and/or college health services for dates of any immunizations. Keep in mind that generally records are kept only for 1-2 years after students leave the system.
- Check with previous employers (including the military) that may have required immunizations.
- Check with your doctor or public health clinic. Keep in mind that vaccination records are maintained at the doctor's office for a limited number of years.
- Contact [your state's health department](#). Some states have registries (Immunization Information Systems) that include adult vaccines.
- If none of those work you can try this:
 - Option #1: The MP Form
 - Download and print the Immunization Certificate form your Med+Proctor account has for you.
 - Take the Immunization Certificate form to your medical provider for completion.
 - Upload an image of the completed Immunization Certificate form into your Med+Proctor account.

Option #2: Laboratory Test

- You may visit your doctor’s office or our clinic to have your blood tested for MMR and Varicella Immunity. The Lipscomb University Health Services fees for these testing services are:
 - MMR test \$70
 - Varicella test \$30



LIPSCOMB UNIVERSITY HEALTH CLINIC Frequently Asked Questions

3. What else is required?

- a. TB Screening is required for all general studies students. If you answered “yes” to any of the TB screening questions on the Tuberculosis risk screen on Med+Proctor, then further action is needed such as a TB skin test, blood test, and/or chest X-ray.
- b. General Health Form Questions: please complete all the fields in the Med+ Proctor questionnaire, including past medical history, emergency contact, allergies, current medications, etc.
- c. If you see a medical specialist for a chronic illness such as diabetes, ulcerative colitis, bipolarism, etc., please complete the Continuum of Care form for a continuation of your care. The form is located within Med+ Proctor. We will set you up with a local medical specialist. You will be in Nashville, TN, for approximately 4 years, maybe longer, and will need a specialist during that time. Please do not wait until a crisis when needing to see a specialist!

4. What if I am having difficulty using the Med + Proctor website?

Please contact Med+Proctor at help@medproctor.com or use the chat feature on the lower right side of the screen of their website. Please visit (<https://www.lipscomb.edu/healthcenter/forms>) for more information about the requirements.

5. What if I am a minor (under the age of 18 years) when starting at LU? You are required to use the Med+Proctor form as it includes the consent to treat minor signature for your parent or guardian to complete.

6. What if I am an international student? Please obtain all requirements prior to arrival at Lipscomb.

Often vaccinations are covered in “home” countries that may be costly here. You must follow the rules of the State of Tennessee for requirements using the Med+Proctor form as languages may vary.

7. Do I need to list the other vaccinations on the form?

This is not required; however, it is very helpful and highly encouraged. If you are involved in mission trips, study abroad, internships, etc. that may require additional immunizations, having a record of your vaccinations is very beneficial. For example, other vaccinations include: Hepatitis A, Hepatitis B, Polio, Tetanus, Typhoid, Yellow Fever, Rabies, Cholera Vaccination, Pneumonia, shingles, etc.

8. Which vaccines do you offer at the clinic?

We offer Hep B, TBskin test, influenza, Meningitis (MCV4), and Tdap. The clinic does not file or accept insurance. All students should have their own health insurance policies. For further information on health insurance enrollment, please go to www.healthcare.gov.