

GROUP FITNESS SCHEDULE

Spring 2021

MON	TUES	WED	THURS	FRI
	Hip Hop Fitness 3:30 PM	HIIT 4:00 PM	Hip Hop Fitness 3:30 PM	Spin 6:30 AM
Spin 6:00 PM		Yoga 5:00 PM	Spin 5:00 PM	
Yoga 7:00 PM	Spin 7:00 PM	Spin 6:00 PM		