

Covid-19 Guidelines and Precautions for Spring 2021
Campus Recreation
Director: Blaine Donoho

Updated: 1/7/2020

Student Activity Center (SAC)

- Temperature checks before entering
- ID scanning will be required if entering into the facility for any reason
- Individual bottles of disinfectant spray will be handed to anyone entering the weight room to workout
- Social distancing will be required and enforced
- Masks required entering and exiting facility
- Masks must stay on unless strenuous activity that would cause HIGH difficulty breathing is taking place
- All doors will be propped open to prevent unnecessary surface contact
- Every other piece of weight room equipment must be used in order to enforce proper social distancing
- Use of personal workout accessories are encouraged
- No equipment sharing of any kind will be allowed
- No pick-up games of any kind will be allowed
- Personal sports balls will be recommended, but disinfected basketballs may be rented on a very limited basis
- No water fountain use will be allowed unless it is designed to fill water bottles
- Signs stating rules and guidelines will be posted throughout the facility
- Members caught purposely not following rules or guidelines will be asked to leave

Group Fitness Classes and Intramural Sports

- Proper disinfecting of all Group Fitness equipment and space will take place pre and post class
- There will be strict max capacity limits on every Group Fitness class depending on the location of the class
- Class participants will be required to sign in to every class before it begins in order to keep record
- No equipment sharing will be allowed in Group Fitness classes
- Social distancing will be required and enforced
- Intramural sports will include no-contact sports only
- There will be no equipment sharing in Intramural sports if at all possible

Outdoor Adventure

- Discontinued until further notice

Max Capacities Based on Location

- Max capacity for Group Fitness classes will be 10 participants if held in Group Fitness Studio or SPIN Studio
- Max capacity for racquetball courts will be 3 people (includes Rogue Room)
- Max capacity for the indoor track will be 4 people
- Max capacity for weight room excluding the Rogue Room will be 12 people
- Max capacity for boxing room will be 1 person
- Max capacity for stretching area within the weight room will be 2 people
- Max capacity for basketball courts will be 3 people per half of each court
- Total building max capacity (excluding Group Fitness Class areas): 43 people

Employee Guidelines and Training

- All Campus Recreation employees will be trained on how to properly follow and enforce Covid-19 guidelines in their respective area
- All staff will be required to wear their own personal face mask or a face mask will be provided for them
- Temperature checking will be required before the start of every shift
- Student workers will check the facility every 10-15 minutes to ensure max capacity is not exceeded in respective areas
- Student workers will be responsible for keeping track of how many people enter and exit the facility in order to ensure max capacities are not exceeded
- All Group Fitness instructors and Intramural referees will be trained on how to properly disinfect equipment

Reservation Requests and Memberships

- Currently, Campus Recreation is not accepting any facility reservation requests or SAC memberships from anyone outside of Lipscomb. This includes individuals, organizations, or groups of any kind. This is to ensure our students, faculty, and staff are safe from potential outside exposure of Covid-19 when using Campus Recreation facilities.

Updated Facility Hours of Operation

Monday-Friday: 5:30 AM - 12:00 AM, **CLOSED 12:00 AM - 2:00 PM**, 2:00 PM - 8:00 PM

Saturday: 10:00 AM - 3:00 PM

Sunday: CLOSED