

**Covid-19 Guidelines and Precautions for Fall 2020**  
**Campus Recreation**  
**Director: Blaine Donoho**

Updated: 7/30/2020

**Student Activity Center (SAC)**

- Temperature checks before entering
- ID scanning will be required if entering into the facility for any reason
- Individual bottles of disinfectant spray and clean rag will be handed to anyone entering the weight room to workout
- Social distancing will be required and enforced
- Masks required entering and exiting facility
- Masks must stay on unless strenuous activity that would cause difficulty breathing is taking place
- All doors will be propped open to prevent unnecessary surface contact
- Every other piece of weight room equipment must be used in order to enforce proper social distancing
- No belts, wraps, mats, sleeves, or straps will be available to rent. Personal workout accessories are allowed if only used by owner
- No equipment sharing of any kind will be allowed
- No pick-up games of any kind will be allowed
- Personal sports balls will be recommended, but disinfected basketballs may be rented on a very limited basis
- No locker room use will be allowed (with the exception of toilets and sinks)
- No water fountain use will be allowed unless it is designed to fill water bottles
- Signs stating rules and guidelines will be posted throughout the facility
- Members caught purposely not following rules or guidelines will be asked to leave

**Group Fitness Classes and Intramural Sports**

- Proper disinfecting of all Group Fitness equipment and space will take place pre and post class
- There will be strict max capacity limits on every Group Fitness class depending on the location of the class
- Class participants will be required to sign in to every class before it begins in order to keep record
- No equipment sharing will be allowed in Group Fitness classes
- Social distancing will be required and enforced
- Intramural sports will include no-contact sports only
- There will be no equipment sharing in Intramural sports if at all possible

**Outdoor Adventure**

- Discontinued until further notice

### **Max Capacities Based on Location**

- Max capacity for Group Fitness classes will be 8 participants if held in Group Fitness Studio
- Max capacity for racquetball courts will be 2 people (includes Rogue Room)
- Max capacity for the indoor track will be 2 people
- Max capacity for weight room excluding the Rogue Room will be 10 people
- Max capacity for boxing room will be 1 person
- Max capacity for basketball courts will be 3 people per half of each court

### **Employee Guidelines and Training**

- All Campus Recreation employees will be trained on how to properly follow and enforce Covid-19 guidelines in their respective area
- All staff will be required to wear their own personal face mask or a face mask will be provided for them
- Temperature checking will be required before the start of every shift
- Student workers will check the facility every half hour to ensure max capacity is not exceeded in respective areas
- Student workers will disinfect all equipment not being used at the start of every shift (every 2 hours)
- Student workers will be responsible for keeping track of how many people enter and exit the facility in order to ensure max capacities are not exceeded
- All Group Fitness instructors and Intramural referees will be trained on how to properly disinfect equipment

### **Updated Facility Hours of Operation**

Monday-Friday: 5:30 AM - 8:00 PM

Saturday: 10:00 AM - 3:00 PM

Sunday: CLOSED